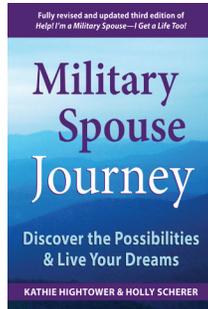


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## What Others Are Saying About



### ***Military Spouse Journey: Discover the Possibilities & Live Your Dreams*** by Kathie Hightower and Holly Scherer

“...the most comprehensive text for how to successfully navigate through the military world while keeping the better part of your identity intact...The authors have challenged me to think more creatively about how I plan to achieve my own goals as I face the reality of military life.”

—*Therese Mancevski*

“...The strength of this book lies in the authors' willingness to acknowledge that military life has endemic challenges and that, as human beings, we're allowed to whine...sometimes. But it's also a book that emphasizes that your happiness is under your control. Highly recommended to military spouses of all branches; **the resource sections alone are worth the price** to own the book.” —*Lindsey, military spouse and former bookseller*

“...This great resource is full of **practical advice as well as real-world examples** that will **empower spouses to have a life of their own** while supporting their partners in the military lifestyle. This book belongs on the shelf of every military family who wants to get more out of their new life!” —*Ellie Kay, Air Force spouse, international speaker, media personality, and author of more than a dozen books, including Heroes At Home, www.EllieKay.com*

“[Holly and Kathie's workshop] was the **best and most useful workshop** I have attended. This book is based on that workshop information PLUS more resources, shared experiences, and other insights I was thrilled to read! I read the book from cover to cover in two days (which is quite a task with four kids and a part-time job)! I believe every command should present this book to their service members' wives when they marry.” —*S. E., Marine wife*

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**Authors:** Kathie Hightower and Holly Scherer

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